

Course Topics and Weekly Assignments

Week -Date	Topic	Readings for Week Shown	Exploration Activity and Scales Reviewed	
1. March 31	Introduction and Overview	Rhee, Furlong, Turner, & Harari (2001) Epstein articles Search Institute Article	Ask one child or one teacher about their strengths. For example, ask a teacher, "What traits and characteristics help you live an effective, good life and manage problems and challenges that arise?" California School Climate & Safety Survey Search Institute's Assets Survey	1. Energizer and Introduction (Truth or Dare) 2. Syllabus and course requirements 3. What is our charge for this course? 4. Review Part 1 of Slides Strength based assessment overview –Rhee and Epstein articles 5. Exercise Defining strength based assessments? What is it and what isn't it? What strengths and resources do you have or seen others access that (a) help them to cope with life challenges and (b) to thrive, do well, and be well? 6. Break 7. Post on Wall ,Sort ,and Label 8. Compare with 40 Developmental Assess 10. Individual and context Slides School Climate and Safety Survey – slide show and distribution of questionnaire (Have PowerPoint)

3. April 17	Positive Youth Developme nt	Larson (2000) Masten (2001) Zins, Elias, Greenberg, & Weissberg (2000)	California Healthy Kids Survey Social Skills Rating Scale Larson Scales What's at this site? http://www.wested.org/hks/	Review readings Have 3 students review their additional articles on this topic Review the 16PF California Healthy Kids Survey (have slides)
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4. April 24	Behavioral and Emotional Rating System	Harniss, Epstein, & Pearson (1999) Epstein, Hertzog, & Reid (2001) Epstein (1999) Epstein, Harniss, Robbins, Wheeler, Cyrulik et al. (2001)	Behavioral and Emotional Rating Scale Jessness Inventory Discussion of Bar-On Self Administration What's at this site? http://www.channing-bete.com/	Review readings Have 3 students review their additional articles on this topic Case study and BERS in action Jessness Inventory
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5. May 1	Optimism and Pessimism Bi-polar or Distinct	Schneider (2001) Bowman & Yates (2001) Morrone & Schutz (2001)	Review Scales used in the Boman Studies Optimism-Pessimism Jessness inventory	Review readings Have 3 students review their additional articles on this topic Review optimism and pessimism scales
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6. May 8	Psychological Well-Being and Life Satisfaction	<p>Diener (2000) Buss (2000) Ryan & Deci (2000) Griffin & Huebner (2000) Finn & Rock (1997)</p> <p>Write 3 reading responses of your choice</p>	<p>Heubner Scale Quality of Life Academic engagement (models) Ohio Scales</p> <p>What's at this site: http://www.mh.state.oh.us/initiatives/outcomes/outcomes.html</p>	<p>Review readings Have 3 students review their additional articles on this topic</p>
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7. May 15	Santa Barbara Assets and Risks	Saunders & Pate (2001)	Santa Barbara Assets and Risk Scale Coping Inventory for Stressful Situations- Adolescent Version	Review readings Have 3 students review their additional articles on this topic (Have PowerPoint)
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8. May 22	Strengths Based Assessment s and Context Dr. O'Brien to visit us	New Vistas Report	Larson articles to be handed out in class Parenting Stress Index FAM III Alabama Stress Index for Adolescent Parents What's at this site: www.education.ucsb.edu/newvistas	Review readings Have 3 students review their additional articles on this topic
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9. May 29	Early Childhood	Greenspan (2001)	Mullen Early Screening Profiles Vineland and adaptive behavior	Review readings Have 3 students review their additional articles on this topic Review strength based definitions generated in first class. Is there a better label? How can we use this? Bracken Harter
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10. June 5	Paper Presentations			
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