Addressing Suicide Issues in Systems of Care Communities: CMHI National Evaluation Data: What Do We Know? How Can We Help Children, Youth and Families in Systems of Care?

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Data Source

- Descriptive and Longitudinal Outcome Study of children/youth entering system of care services; data collection began in 1994 and has been ongoing since
  - 144 communities funded to date
  - Over 89,000 children served to date
  - Over 25,000 children enrolled into the outcome study

Data Source [cont.]

- Suicide-behavior indicators
  - Lifetime history of suicide attempt and thinking
  - Recent (prior 6 months) history of suicide attempt and thought
  - Frequency of attempt
  - Treatment related to attempt

Utility of Data Source for Suicide Prevention

Service Implications: CMHI communities can serve as a service access point for youth identified at risk

- There is an 83% overlap in States/Territories that have received funding from both GLS and CMHI to date; 2 Tribes have been funded by both initiatives
- There has been increasing priority placed on suicide related issues and prevention in more recently funded phases of the CMHI

Utility of Data Source for Suicide Prevention [cont.]

Outcomes

- Provides a trend source of information for suicide related behaviors of youth entering system of care services
- Longitudinal clinical and suicide-specific outcomes of youth entering CMHI services with and without suicide-related problems can be tracked
- High risk youth referred, if referred into treatment in CMHI communities, would have longitudinal outcomes collected on them

Data Highlights


- Lifetime history
- Presenting Problem

Data Source: Confidentiality is maintained on all data presented. The University of South Florida, Research and Training Conference, 2009.
Characteristics of Youth at Entry into Services

- 37.6% of youth 11 years and older (N=4,069) enter system of care services with a history of suicide attempt or ideation in the prior 6 months. (Phases IV & V, N=51 communities), among those:
  - 53.8% were referred to services because of suicide-related problems
  - 19.7% have a caregiver report of suicide attempt in the prior 6 months
  - 19.0% have a self-report of suicide attempt in the prior 6 months
  - 67.0% have a caregiver report of suicidal ideation in the prior 6 months
  - 43.4% have a self report of suicidal ideation in the prior 6 months

Outcomes at 6 Months After Entry into Systems of Care

- After receiving 6 months of service, youth aged 11 years and older with data at both time points, demonstrated significant improvement in clinical indicators (Phases IV & V, N=51 communities):
  - Reported suicide attempt decreased from 29.5% to 15.2% (n=713, p<.001)
  - Reported suicidal ideation decreased from 83.0% to 41.3% (n=854, p<.001)

Upcoming Activities

- Data collection will continue with current and newly funded grantees
- Suicide Logic Model and Policy Resolution Statement finalized
- Addressing Suicide in Systems of Care Communities: Identifying Strategies for Prevention, Intervention and Postvention Meeting (the first was held in 2006)
- Implementation of prevention, intervention and postvention strategies in SOC communities

Discussion
I think we need to explain what this finding means more clearly; I am unsure about the specifics of this content.