Family Choice in the Dawn Project

February 23, 2006
19th Annual Research Conference

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**Dawn Project**

- Served over 1000 youth and their families since 1997
- Was a Federal Grant site from 1999-2005
- Referral sources: Child Welfare, Juvenile Justice, Special Education – state and local
- Serves SED youth at risk of or already in residential treatment

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**Child and Family Team**

- Families driving the plan
- Parent as Caregiver
- Access Provider Network
- Providers
- Approximately three other Family or Community Members

- Crisis Plan within 24 hours
- Social and Family Team
- Child or Adjudication
- School Teacher or Counselor
- Care Coordinator
- CFT meetings every 30 days
- Child Welfare and/or CFT Worker
- 60 minute meetings
- Authorize all of the care

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**Individualized Care Plan**

- Single point
- Care Coordinator
- Single point
- Coordinating Communication
- PLAN

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**Family Choice in the Dawn Project**

Knute Rotto, CEO
Family Choice of Services and Providers

FAMILY VISION
FAMILY STRENGTHS

• Attitudes/Values
• Skills/Abilities
• Attributes/Features
• Preferences

LIFE DOMAINS

• Family/Relationships
• Home/Place to Live
• Financial
• Social/Recreation
• Mental Health
• Educational
• Legal
• Health/Medical
• Crisis/Safety
• Spiritual/Cultural
• Vocational

Community Provider Network

Behavioral Health
Crisis intervention
Day treatment
Evaluation
Family assessment
Family therapy
Group therapy
Individual therapy
Parenting/family skills training
Substance abuse treatment
Individual and group
Special therapy

Psychiatric
Assessment
Medication follow-up/psychiatric review
Nursing services

Mentor
Community case management/case aide
Case manager
Educational mentor
Life coach/Independent living skills mentor
Parent and family mentor
Recovery specialist
Support worker

Provider Network, Continued

Placement
Acute hospitalization
Foster care
Transitory foster care
Group home care
Relative placement
Residential treatment
Shelter care
Crisis residential
Supported independent living

Respite
Costs respite
Planned respite
Residential respite

Service Coordination
Crisis management
Service coordination
Intensive case management

Other
Camp
Team meeting
Consultation with other professionals
Guardian ad litem
Transportation
Interpretive services

Discretionary
Assistive
Automobile repair
Childcare/supervision
Clothing
Educational expenses
Furniture/appliances
Housing (rent, security deposits)
Medical
Monitoring equipment
Mailroom
Supplies/groceries
Utilities
Incentive money

Dawn Project Community Partners - 2005

Flex Funds - $244,432 (1 yr.)

<table>
<thead>
<tr>
<th>Service</th>
<th>Amount</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>Housing</td>
<td>$57,064</td>
<td>23%</td>
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<tr>
<td>Activities</td>
<td>$41,260</td>
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<tr>
<td>Utilities</td>
<td>$30,727</td>
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<tr>
<td>Supplies/Groceries</td>
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<td>Transp - contracted</td>
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<tr>
<td>Clothing</td>
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<tr>
<td>Incentive</td>
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<tr>
<td>Furnishing/Apps</td>
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<td>Legal</td>
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<tr>
<td>Transp – reimbursed</td>
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<td>2%</td>
</tr>
<tr>
<td>Medical</td>
<td>$4,873</td>
<td>2%</td>
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Choices, Inc.  www.ChoicesTeam.org
What Impact did the Dawn Project Have on the Families?

Eric R. Wright, Ph.D.

Caregivers ‘Satisfied’ or ‘Very Satisfied’ with Cultural Competence of Dawn Project Staff

Caregivers ‘Satisfied’ or ‘Very Satisfied’ with Level of Team Meeting Participation

Employed Caregivers Reporting Increase in Income Because of Receiving Services*

Change in Family Functioning Over Time

*Percentages based on employed caregivers of young people still involved in the Dawn Project.
Family Choice in the Dawn Project
Knute Rotto, CEO

Summary

- Families in the Dawn Project
  - Report high levels of satisfaction with services, cultural competence and their level of involvement in service planning.
  - Report improvements in family functioning.
  - Report improvements in their level of caregiver-related strain.
  - Report an increase in their overall level of important family resources.
  - Report a modest improvement in their ability to gain more job skills, work more hours, and earn a higher income.

- Service Utilization, Expenditures, and Program Success – Study #16 in the 2005 Briefing
  - Concerned that managed care often introduces pressures to reduce service expenditures and may negatively impact the quality and outcomes of care.
  - Findings:
    - There is considerable heterogeneity in the array of services youth receive indicating that the needs of the individual youth are largely dictating what services are provided.
    - Rather, we believe our findings suggest that CFTs take great care in recommending services that are appropriate for a particular client’s needs and, as a result, the money is more effectively tailored to the individual needs of the youth.

Family Choice Summary

- Care Plan creates accountability and choice across all systems.
- CFTs create the structure for family choice of services and supports.
- Broad provider network gives family choice of providers.
- Flexible funding meets family needs immediately.
- Beginning findings that show this process works (gives choice) to youth and families.