The CFIT-System: Design of Measurement, Feedback, & Training Components

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Overview of Presentation

• Development of the Measurement System
• Development of Training Modules
• Linking Measurement, Feedback, and Training

CFIT Treatment Progress Measures

Core measures
Intake measures
Concurrent client status measures
Process measures
Discharge & Follow-Up

Identifying aspects of treatment progress to measure

• Reviewing the literature to determine key constructs
• Identifying key goals of PSC
• Integrating the findings from these two sources

Developing a Treatment Progress Measurement System

GOAL:
• Developing a practical measurement system that will provide counselors with valid, time sensitive, clinically useful information

Determining which measures to use

• Reviewing the literature for existing psychometrically validated measures
• Adapting existing measures when applicable
• Developing new measures when necessary

• This process resulted in a “real world” treatment progress measurement system
Organizational Context

Improving Quality Improvement

A Seamless System

CFIT-Solutions

Treatment Progress Measurement System

Something about feedback

Supervisor support

Supervisor support

Treatment progress measures

Formative feedback reports

Online training modules

Formative feedback reports

Online training modules

CFIT-Solutions

Training Module Development

Developing Training Modules

GOAL:
Create a training system that is evidenced based, broadly applicable, interactive, & practical

CFIT-Solutions

Training Module Development

How to Use CFIT

Modules

Introduction to the CFIT Approach
Collecting & Entering Assessment Data
Interpreting Assessment Data
Using Online Counseling Advice
Supervisor Training
Module Contents

- Overview
- Learning Objectives
- Relation to Core values
- Theoretical Foundations
- Evidence Base
- Use in Counseling Practice
- Applications with Caregivers
- Resources
- Self Test

Module Content Development

- Literature and pre-existing evidence-based training resources reviewed
- When possible pre-existing training adapted to the CFIT-system
- In other cases resources compiled and experts consulted

Module Content Review

- Evidence base and clinical accuracy
  - Expert review
- Practicality, usability, and content
  - Service Provider review

Organizational Context

Treatment progress measures informs Formative feedback reports

Success checked by Trigger

Online training modules

Supervisor support

Trigger

Online training modules

Organizational Context

Treatment progress measures

Success checked by

Improved outcomes