COordinated Family Focused Care (CFFC) Overview

- Model and Services
- Funding and Oversight
- Goals of CFFC
- Operations To-Date

Study Questions

- What is the relationship between child and family factors, and graduation and withdrawal status?
- What is the relationship between service utilization patterns and costs, and graduation and withdrawal status?
- What is the relationship between costs and length of stay in the program?
- What is the relationship between CAFAS/PECFAS scores and graduation and withdrawal status? With length of stay in the program?

Study Methodology

- Population includes members who have discharged from program – separated by those who have graduated and those who withdrew.
- Demographic and clinical data at time of enrollment.
- CAFAS/PECFAS data at enrollment and discharge.
- Behavioral health costs 3 months prior to program, during program and 3 months after program.
- Inpatient admission rates.

Reasons For Withdrawal

<table>
<thead>
<tr>
<th>Reason</th>
<th>Graduated</th>
<th>Withdrawal</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family Not Interested</td>
<td>28</td>
<td>40%</td>
</tr>
<tr>
<td>Child Placed Out Of Home</td>
<td>7</td>
<td>10%</td>
</tr>
<tr>
<td>Other</td>
<td>16</td>
<td>24%</td>
</tr>
<tr>
<td>Family Moved</td>
<td>1</td>
<td>1%</td>
</tr>
<tr>
<td>Insurance Changed</td>
<td>4</td>
<td>6%</td>
</tr>
</tbody>
</table>

N = 70

- Percentage does not equal 100% because multiple reasons for withdrawal exist.

Demographics of Study Sample

- Table showing demographic data for the study sample.
Demographics of Study Sample

Graduated Withdrawal

<table>
<thead>
<tr>
<th></th>
<th>Graduated</th>
<th>Withdrawal</th>
</tr>
</thead>
<tbody>
<tr>
<td>Report of Family History of Mental Illness</td>
<td>78%</td>
<td>77%</td>
</tr>
<tr>
<td>Report of Family History of Substance Abuse</td>
<td>58%</td>
<td>51%</td>
</tr>
<tr>
<td>Language Spoken in Home</td>
<td>English 85% Non-English 15%</td>
<td>English 72% Non-English 28%</td>
</tr>
</tbody>
</table>

N = 120

Change in CAFAS/PECFAS Scores - Graduates and Withdrawals

- Difference in change in CAFAS Scores by length of stay for all enrollees was statistically significant (p = .008, N = 98)

Average Costs from Pre to Post for Graduates and Withdrawals

- Overall cost change from pre to post for both groups is not statistically significant.

Average Monthly Costs by Member by Service Level - Pre During Post - Graduates and Withdrawals

- Pre period between group total cost differences: n.s.
- During program between group total cost differences significant: p = .009
- Post program between group total cost differences significant: p = .002
- Overall cost change from pre to post for both groups is not statistically significant.

Average Monthly Inpatient Costs Per Member

- Pre to post between group cost differences: n.s.
- Post program between group cost differences significant: p = .002
- Overall cost change from pre to post for both groups is not statistically significant.
### Summary of Findings

- Graduates and those who withdraw show improvement in functioning; graduates show more improvement.
- Length of time in program has a relationship to improvement in functioning.
- Difference in utilization of service levels:
  - Inpatient
  - Outpatient
  - Diversionary
- Difference in costs when examined pre and post.

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### Summary of Findings

- Continue to analyze data:
  - Data soon available on 400+ enrollees
  - Data on 12 months post program.