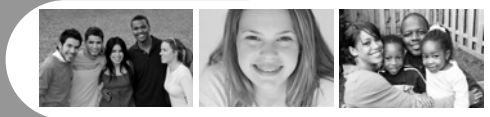


USF Children's Mental Health Research Conference Tampa, Florida March 9, 2010



Development of an Individualized Family Report from National Evaluation Data

Terrance L. Peterson, Ph.D., LP
Lead Evaluator
STARS for Children's Mental Health

Challenges and Solutions

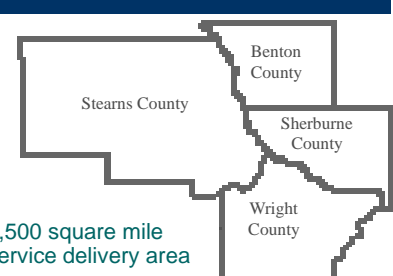
Lawrence Sundberg, B.S. MIS
Evaluation Coordinator
STARS for Children's Mental Health

STARS for Children's Mental Health

- System of Care site funded in 2005
- Transformation of Areas Resources and Services
- One hour northwest of Minneapolis
- Rural/Suburban Demographic
- Four primary system of care entry points

2

STARS for Children's Mental Health



3,500 square mile service delivery area

3

The Longitudinal Outcome Study of The National Evaluation – Phase V

- Prescribed study measuring child and family outcomes for systems of care
- Each family completes a 2-3 hour interview when services begin
- Repeated every 6 months for 3 years
- Aggregate data used locally and nationally to drive decision-making for CMH programs
- Largest children's mental health dataset in existence

4

The Longitudinal Outcome Study of The National Evaluation – Phase V

Instrumentation Categories

1. Child and Family Status at Intake	5. Substance Abuse
2. Living Situation	6. Clinical Measures
3. Education	7. Caregiver and Family Measures
4. Juvenile Justice Involvement	8. Service Experience

5

SAMHSA System of Care Values

- Culturally & Linguistically Competent
- Youth-Guided
- Individualized
- Evidence Based
- Parent-Driven

6

Should Evaluation be Parent Driven? - How Do We Make That Happen?

- Parents on STARS' Evaluation Advisory Board were loud and clear
- They were willing to participate to improve programming for children's mental health
- They thought receiving stipends as a token of appreciation was a good thing
- They were interested in receiving feedback from their responses to the questionnaires
- They wanted to know how their child and family were doing

7

Questions and Challenges

- What information would be most relevant and useful to families?
- Which instruments should be used?
- What information can be shared without clinical interpretation?
- Who should receive the information?

8

Questions and Challenges (cont.)

- How would we protect confidentiality
- How can the information be provided in a parent-friendly manner?
- How should this information be presented to families?
- Who should deliver this information to families?

9

The Solution: Parent Driven Evaluation

- STARS Evaluation Advisory Committee
- Parent participants involved in every step of the development process
- Stakeholder Input
 - Clinical Director
 - Evaluation Team/Field Evaluators
 - Project Director
 - Service Providers

10

What Did Parents Want from the Evaluation?

- Tell us our STRENGTHS, not just challenges
- Don't compare our child to the normative group or to other children in the study
- Tell us how our responses have changed over time
- Give us a report that is easy to understand - No Jargon!
- DO NOT share our responses with our provider; give us an extra copy we can share if we choose
- Don't include our child's responses. That would violate their trust/confidentiality

11

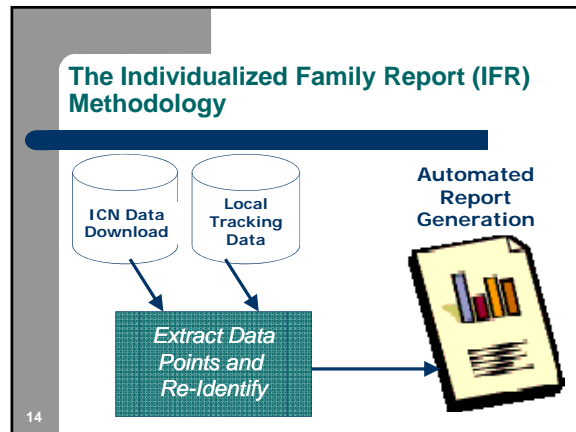
Other Considerations

- Clinical Instrumentation
- How often to provide feedback
- Developing a report template
- Up-front investment of resources
- Automating the process of report creation
- Explanation of report parameters

12

The Individualized Family Report (IFR)

- Strength-based Instruments
 - Family Life Questionnaire
 - BEHAVIORAL and EMOTIONAL RATING SCALE-Second Edition, Parent Rating Scale (BERS-2C)
- Other Measures Reported
 - Caregiver Strain Questionnaire
 - Columbia Impairment Scale



Indicators

Indicators

Indicators

Overall Level of Difficulty

The Columbia Impairment Scale provides an overall measure of John's level of difficulty based on questions you answered. Scores range from 0 (no difficulty) to 52 (very high level of difficulty).

The scores represent your view of John's OVERALL level of difficulty in relationships with others, problems at home, work, school, and emotions such as happiness, sadness, and anxiety.

Examples

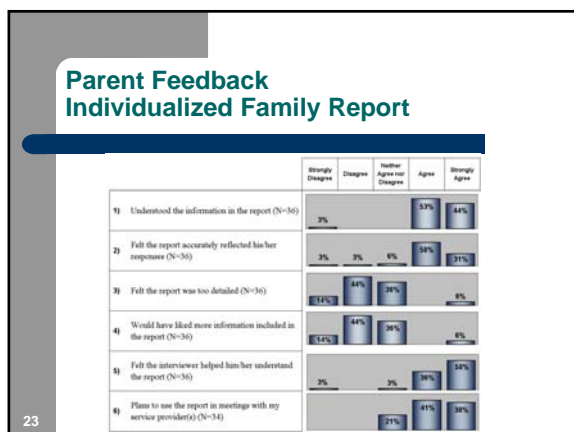
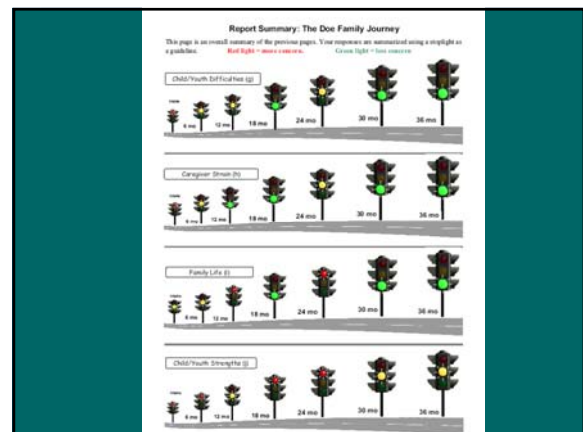
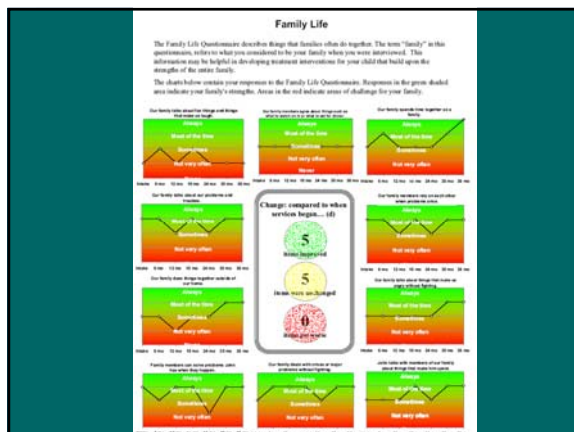
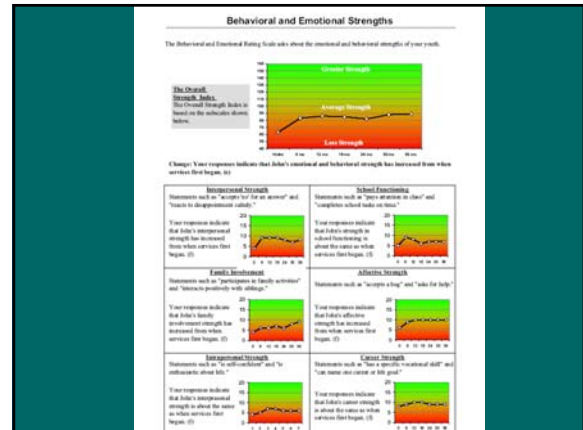
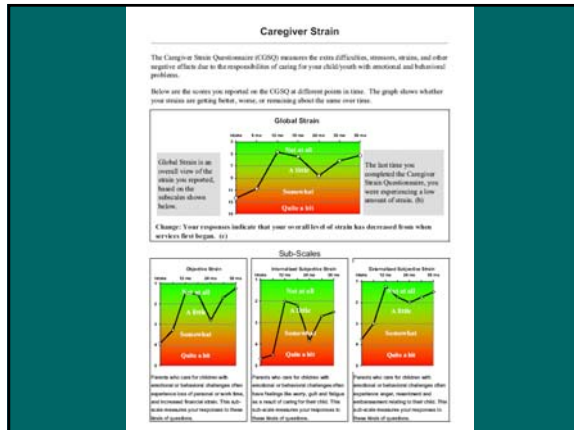
You answered questions such as...

"In general, how much of a problem do you think your child has with..."

- ...getting into trouble"
- ...getting along with mother"
- ...getting along with father"
- ...having fun"
- ...feeling unhappy or sad"
- ...his/her schoolwork"

Columbia Impairment Scale

Change: Your responses indicate that John's overall level of difficulty has decreased from when services first began. (a)



Contact:

STARS for Children's Mental Health

Larry Sundberg, B.S. MIS
 Evaluation Coordinator
lsundberg@cmmhc.com

Terrance L. Peterson, Ph.D. LP
 Lead Evaluator
tpeterson@stcloudstate.edu