

Elements of Cultural Competence

1. Awareness and acceptance of difference
2. Awareness of own cultural values
3. Understanding the "dynamics of difference"
4. Development of cultural knowledge
5. Ability to adapt practice to fit the cultural context of the family

Elements of Cultural Proficiency

1. Intentional cultural base
2. Roots in specific world view
3. Mastery over the "dynamics of difference"
4. Application of cultural wisdom
5. Ability to deliver traditional practices and/or apply culture to the creation of new approaches

